UNIVERSITY OF JUSTICE

DEPARTMENT: School of Nursing

Pre-Licensure ADN Clinical Practicum Schedule (8-Hour Shifts)

TOTAL PRACTICUM: 540 Hours

Program: Pre-Licensure ADN	Clinical Semesters: Sem 2 – Sem 4	Shift Structure: 8-Hour Shift Rotations	Total Contact Hours: 540 Hours

1. Clinical Practicum Overview and Compliance Policies (ADN 8-Hour Model)

The Pre-Licensure Associate Degree in Nursing (ADN) clinical curriculum comprises **540 total contact hours** of direct patient care, simulation lab practice, and preceptor-led clinical rotations across Semesters 2 through 4 [cite: 55, 60]. In this standardized **8-hour shift model**, students complete clinical days structured around 8-hour shift schedules across accredited hospital systems, medical-surgical units, psychiatric facilities, and maternal-child centers [cite: 55, 60].

Clinical attendance is 100% mandatory [cite: 60]. Pre-conference orientation, bedside hand-off reports, clinical care delivery, post-conference debriefs, and EHR charting strictly comply with Texas Board of Nursing regulations and University of Justice School of Nursing clinical policies [cite: 60].

2. Master Clinical Rotation Summary (ADN 8-Hour Shift Model)

Course Code & Title	Semester	Clinical Setting / Facility Type	Weekly Schedule (8-Hr Shifts)	Total Hours
RNSG 1413: Foundations Skills Lab	Sem 2 (Spring)	Campus High-Fidelity Sim Lab	2x / Week (4-Hr Labs x 7.5 Wks)	60 Hours
RNSG 2360: Clinical Practicum I	Sem 3 (Fall)	Adult Medical-Surgical Units	2x / Week (8-Hr Shifts x 8.5 Wks)	135 Hours
RNSG 1261: Clinical Practicum II	Sem 3 (Fall)	Behavioral & Psychiatric Units	2x / Week (8-Hr Shifts x 2.8 Wks)	45 Hours
RNSG 2361: Clinical Practicum III	Sem 4 (Spring)	Complex Med-Surg & Maternal-Child	2x / Week (8-Hr Shifts x 11.25 Wks)	180 Hours
RNSG 2438: NCLEX Capstone Practicum	Sem 4 (Spring)	Acute Care Hospital Immersion	3x / Week (8-Hr Shifts x 5 Wks)	120 Hours
TOTAL ADN CLINICAL PRACTICUM HOURS				**540 Hours**

3. Detailed Semester-by-Semester Clinical Schedules (ADN 8-Hour Shifts)

SEMESTER 2: SPRING - FOUNDATIONS OF NURSING PRACTICE

Course: RNSG 1413: Foundations of Nursing Practice Skills Lab (60 Contact Hours) [cite: 56, 61]
Foundational bedside skills, vital signs measurement, sterile field setup, infection control, physical assessment, and medication safety in a simulation environment [cite: 56, 61].

Weeks 1 – 2	**Tues / Thurs: 08:00 – 12:00 (4-Hr Labs)**	Sim Lab 101: Basic Patient Hygiene, Bedmaking, Vital Signs, Ergonomics & Body Mechanics [cite: 61]
Weeks 3 – 4	**Tues / Thurs: 08:00 – 12:00 (4-Hr Labs)**	Sim Lab 102: Sterile Field Maintenance, Wound Dressing Changes, Foley Catheterization [cite: 61]
Weeks 5 – 6	**Tues / Thurs: 08:00 – 12:00 (4-Hr Labs)**	Sim Lab 103: Peripheral IV Insertion, Intravenous Fluid Management, Phlebotomy [cite: 61]
Weeks 7 – 7.5	**Tues / Thurs: 08:00 – 12:00 (4-Hr Labs)**	Sim Lab 104: Medication Administration (PO, IM, SC, IV Push) & Head-to-Toe Competency Exam [cite: 61]

SEMESTER 3: FALL - ADULT HEALTH I & PSYCHIATRIC NURSING

Course: RNSG 2360 (135 Hours) & RNSG 1261 (45 Hours) — Total: 180 Clinical Hours [cite: 56, 61]
Combines 135 hours of adult medical-surgical care with 45 hours of acute behavioral health and psychiatric nursing clinicals using 8-hour shifts [cite: 56, 61].

RNSG 2360 (135 Hours)	**Tues & Thurs: 07:00 – 15:30 (8.5-Hr Shift / 8 Contact Hrs)**	Adult Med-Surg Unit: Direct patient care, vital signs, telemetry, morning med pass, IV fluids, wound care, and EHR documentation [cite: 61].
RNSG 1261 (45 Hours)	**Wednesdays: 07:00 – 15:30 (8.5-Hr Shift / 8 Contact Hrs)**	Acute Inpatient Behavioral Unit: Mental status exam (MSE), group therapy observation, de-escalation protocols, and psychotropic med admin [cite: 61].

SEMESTER 4: SPRING - ADVANCED ADULT HEALTH, MATERNAL/PEDS & CAPSTONE

Course: RNSG 2361 (180 Hours) & RNSG 2438 Capstone Immersion (120 Hours) — Total: 300 Hours [cite: 56, 61]
Combines 180 hours of complex medical-surgical and maternal-child care with a 120-hour preceptor-led acute care transition immersion in 8-hour shifts [cite: 56, 61].

RNSG 2361 (180 Hours)	**Tues & Thurs: 07:00 – 15:30 (8.5-Hr Shift / 8 Contact Hrs)**	Complex Med-Surg & Maternal-Child Units: Post-op surgical care, blood transfusions, central line care, postpartum assessments, and newborn care [cite: 61].
RNSG 2438 Capstone (120 Hrs)	**Mon, Wed, Fri: 07:00 – 15:30 (3x / Wk, 8-Hr Shifts)**	Dedicated 1-on-1 Preceptor Immersion: Full RN workload management, multi-patient assignment delegation, shift handoffs, and order entry [cite: 61].

4. Standard 8-Hour Clinical Day Shift Daily Timeline (Day Shift Example)

For all 8-hour hospital and clinical rotations (RNSG 2360, 1261, 2361, 2438), students follow the standard 8-hour clinical shift timeline below [cite: 62]:

Time Range	Clinical Phase	Required Student & Faculty Activities
06:45 – 07:00	**Pre-Conference & Briefing**	Clinical orientation, shift assignment review, patient assignment confirmation, uniform & ID badge check [cite: 62].
07:00 – 07:30	**Shift Change Hand-off Report**	Receive bedside shift report from off-going night shift RNs (SBAR format), review EHR patient charts & lab values [cite: 62].
07:30 – 08:45	**Initial Patient Assessment**	Perform primary head-to-toe clinical assessment, measure vital signs, inspect IV lines & wound dressings [cite: 62].
08:45 – 09:45	**Morning Medication Pass**	Verify 6 Rights of Med Admin under RN preceptor supervision, administer morning oral, subcutaneous, and IV medications [cite: 62].
09:45 – 11:45	**Nursing Therapeutics & Care**	Perform wound care, catheterization, hygiene care, IV fluid management, lab prep, and initial EHR flowsheets [cite: 62].
11:45 – 12:15	**Meal Break (Staggered)**	30-minute meal break (coverage coordinated with clinical preceptor) [cite: 62].
12:15 – 13:45	**Mid-Day Re-Assessment & Meds**	Re-assess vital signs, evaluate therapeutic medication responses, update intake/output flowsheets, and chart nursing notes [cite: 62].
13:45 – 14:30	**Interdisciplinary Rounds & Care**	Participate in physician/interdisciplinary team rounds, patient education, discharge prep, and shift documentation [cite: 62].
14:30 – 15:00	**Bedside Hand-off Report**	Deliver bedside hand-off SBAR report to oncoming afternoon shift RN staff alongside clinical preceptor [cite: 62].
15:00 – 15:30	**Post-Conference & Debrief**	Faculty-led post-conference reflection, clinical case analysis, dosage review, and clinical log submission [cite: 62].

5. Pre-Clinical Clearance & Compliance Checklist

Prior to beginning clinical rotations in Semester 2, all ADN students must maintain active clearance status in the following domains [cite: 62]:

- **Texas Board of Nursing Background Check:** Unencumbered background check clearance and FBI fingerprinting verification [cite: 62].
- **10-Panel Drug Screening:** Negative drug screen result within 30 days prior to initial clinical placement [cite: 62].
- **AHA CPR/BLS Certification:** Active American Heart Association Basic Life Support for Healthcare Providers card [cite: 62].
- **Immunization Passport:** Hepatitis B series (with quantitative titer proof of immunity), MMR (2 doses or positive titer), Varicella (2 doses or positive titer), Tdap (within 10 years), Annual Influenza vaccine, and Annual TB clearance (PPD skin test or QuantiFERON blood test) [cite: 62].
- **Clinical EHR Training & Badging:** Completed hospital orientation modules, electronic health record (EHR) logins, and clinical facility photo ID badges [cite: 62].